**UNIVERSITSY OF LUSAKA (UNILUS)**

School of Medicine and Health Sciences

Program; Bachelor of Science in Public Health

Course: HEALTH PROMOTION AND BEHAVIOUR CHANGE BSPH221

TEST:1

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1.

Discus the basis for the confusion

1. Raising employment levels of employment in community would be a good idea but in this case it was imposed and the community was not consulted on what they see as priorities in order to address the challenges they face in the community.

Education campaign do raise the community literacy levels on health but clearly do not provide facilities that people would go to in order to attain a service, this education campaign therefore should be accompanied by supporting factors on how and where the community can get health assistance. For instance when educating people on the importance of early screening of cancer, there should be an already running service at the nearest health facility to provide for such a service or mobile screening that can be done regularly.

c).Medicine and vaccines suggestion was turned down by the consultant was not supposed to be the case because as the consultant, you work with the community in identifying there challenges and priorities and advise in accordance in terms of how possible it is to address their challenge and what solution it would be.

B. The public health consultants should talk to the community and find out what their concerns are and prioritize them and collectively suggest a way in which their concerns can be addressed considering their capabilities and resources. In this case, the community seeks a health promotion project that would help them address the health concerns they are currently facing.

By giving the community the platform to give ideas of how the health challenges they are facing can be addressed, the community can feel part of the decision making process and willinging participate in what would be decided upon as the final solution to their problems.

As a consultant by giving the community the knowledge and skill concerning the challenges they are facing as well as suggesting possible solutions ,you can then apply an agreed upon solution.

In this scenario it’s about group dynamics that would lead to addressing the challenge and at the end of the day achieve a common goal. To address the issue being faced therefore the community has to come up with solutions and as a consultant our role is to facilitate the agreed upon solution.

As the facilitator, we stand in as an interface that would come in between the community and the strategic support groups and other.

C. the consultants both shanned down the suggestion the community made of designing a program that would see increase in vaccination as this would have a limited time impact and would not carter for the health of the whole population

2. by using

- Surveys

-using clinical records to see disease with a high incidence and prevalence rate

-questionnaires; passing out questioners where people can answering the simple written down questions

-focus group

-public meeting;organizing a public meeting where people can talk about the health concerns at hand

-direct observation; by observing how people in a given community are leaving

- interviews; you can go door to door interviewing people on the challenges they have as a home.

b. social change approach to address the issue of school going children absents from school as result of playing gambling games called bonanza and alcohol abuse.

Introduction

This is a top down approach meaning as the one in change I will decide on what environmental changes should occur and how they will come about. Keeping in mind that various social factors have a bearing on the health of the environment. In all aspects considering low income persons in this society.

Theoretical

By making the healthier choice the easy choice, we advocate for the introduction of new games that are educational and more funding in the sports to schools inter schools games so that school children can get to interact more with competitive prizes .

Introducing policies that bonanza games should only be found in clubs where school age children are not allowed. If anyone is found operating a bonanza machine in a grocery store or selling alcohol to school age children risks their commodity confiscated and their trading license to be withheld.

Aim

To increase school attendance by children thereby increasing literacy levels in the community.

Methods

Lobbying

By lobbying to the appropriate authorities in the society so that changes can be made in order to attain the desire result of improve d attendance in school. And suitable policies can be made so that we can achieve the desired environment.

Policy planning; plan for policy that will make the aim achievable such as restriction of alcohol sales in a a non-legalized store and confiscating all alcohol from illegal traders.

Since school age children are restricted from entering drinking places, therefore the only source of them playing bonanza is at the grocery stores. Planning a policy that would make the local government confiscate bonanza machines from all grocery owners.

Negotiating

Negotiate with the stake holder at play on how we can both win from this change in environment. Find a way either by increase the tax rate on all alcohol substance so that children can not afford .

Not to bane bonanza but to allocate special places where they can be stationed away from the easy access of school aged children.

Implementation

Evaluation

Did we succeed in creating the changes in the environment?

Process; This can be seen by checking th school registr and seeing how th attendance has been since the beginning of the program.

Outcome; Apart from bars and clubs, who else is operating a bona in he compounds and how many have been arrested thus far.

C. community is governed and what is to be considered valid information

Caplan and Holland Generated from 2 dimensions:Nature of knowledge. Comes from the way the community is governed Nature of society. in rural setup the way the community is governed will determine the beliefs

3.a)

Low socio – economic groups have the higher proportions of unhealthy tendencies.

1. Determinants account for the association between low GDP and poor health indicators.

-Social Class and Health.Income and Health; families with a good income can manage to at least have better health services-Housing and Health housing has ipact on health in that when a large family leaves in a small house there results in in a lot of health challenges in terms of nutrition and sanitary conditions.

-Employment ;when employment levels are low the community is first with people engaging in unpleasing and dangerous lifestyles. Lifestles that would harm their health and the community at large. Gender is about the role one plays in the society and not maily about the sex of an individual.

C.MEDICAL APPROACH would be the approach to use in order to reduce infant mortality rate through timely immunization and good nutrition programs.

Life expectancy can be increased through the disease prevention approach. The disease prevention approach aims at reduce premature mortality, reduce morbidity, looks at the community as a whole and use the three levels of prevention which are primary prevention that include early screening, secondary which includes early treatment to avoid further complications, and tertially that involves palliative care.

4.a)

-company damages to the community

-ecological factors

b.)

build supportive environment

social-economic change approach

INTRODUCTION

We can help to solve the problem the community is facing by using the empowerment approach.

Health promotion is about enabling communities to gain control over their lives. People need to identify their health concerns and as a consultant what is supposed to be done is to help them gain confidence to address their own problems and facilitate this process by helping them gain skill, knowledge that they will collectively use in addressing their problem.

Theoretical

Work collectively as a group to gain control of the social determinants of health as a group so that the community an go on and attain health.

Aim

Helping the community identify and prioritize their concerns and gain enough control of the concerns

c.) disease prevention and behavior change.

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